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Monday, July 17, 2017 metro.us | t: MetroNewYork | f: MetroNewYork



LEAVE ARIEL WINTER ALONE

The 'Modern Family' actress takes to Twitter to slam body shamers. 16

Cobie Smulders acts out on 'Friends from College.' 17

Bird sweeps NYC ePrix races. 22



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LIVE FROM THE INSIDE

One New York televisiting service
is helping incarcerated parents
be present in their children's lives. 4



GETTY IMAGES, PHOTO ILLUSTRATION

MCCAIN RECOVERS FROM SURGERY, VOTE DELAYED

The U.S. Senate will delay its consideration of healthcare legislation while Arizona Republican Sen. John McCain recovers from surgery, Senate Republican leader Mitch McConnell said. McCain's absence cast doubt on whether the Senate would be able to pass the legislation to dismantle and replace Obamacare. McConnell needs 50 "yes" votes for passage in a chamber the Republicans



control by a 52-48 margin. "While John is recovering, the Senate will continue our

work on legislative items and nominations, and will defer consideration of the Better Care Act," McConnell said in a statement.

5 CONGO RANGERS KILLED RESCUING JOURNALIST

Five park rangers were killed in a joint operation with the army to rescue an American journalist and three park rangers, who went missing in a wildlife reserve in eastern Democratic Republic of Congo, a local official said on Sunday. Gunmen attacked the group late on Friday in the Okapi Wildlife Reserve in Mambasa territory. Some others in the group, including two Dutch journalists,

escaped. Mambasa administrator Alfred Bongwalanga said security forces and park rangers had launched a rescue operation that located the missing members of the group. It was not immediately clear how the rangers were killed. "There are five dead. They are all park rangers who were involved in the operation. They had been backing the army," he told Reuters by telephone.

CHICAGO ANTI-VIOLENCE ACTIVIST GUNNED DOWN

An anti-violence activist and a 9-year-old were among 10 people who were fatally shot in Chicago over the weekend, the latest in a rash of killings that has shaken the third-largest U.S. city and raised questions about how to staunch the bloodshed. All told, more than 40 people were shot in Chicago from Friday to Sunday morning, including Willie Cooper, 58, who ran a South Side community center, according to

police. No arrests had been made. Cooper was gunned down on Saturday afternoon by the occupants of a dark-colored car that had stopped as the activist walked near the nonprofit where he worked, law enforcement and local media said. "Willie is preventing violence, trying to find jobs for ex-offenders, working in this community. I almost want to name him the Mayor of 95th Street," one of his friends, Bamani Obadele, told WLS-TV.

5 THINGS YOU NEED TO KNOW

SHARK TOURNAMENT

4 A shortfin mako shark emerges from the water after being caught by Eric Kelly on the Kalida during the 31st North Atlantic Monster Shark Tournament in New Bedford, Massachusetts. The annual nonprofit fishing tournament brings fishermen from all over New England in search of shortfin mako, porbeagle and common thresher sharks. GETTY IMAGES

IRAN SENTENCES US DUAL NATIONAL FOR 10 YEARS

5 An Iranian court has sentenced a U.S. dual national to 10 years in jail on spying charges, Iran's Judiciary spokesman said, the latest case of dual nationals held on security charges in the country. The spokesman did not name the person or give details on when the sentence was passed but said the person was a citizen of the United States and an unnamed country other than Iran. "This person, who was gathering infor-

mation and was directly guided by America, was sentenced to 10 years in prison, but the sentence can be appealed," spokesman Gholamhossein Mohseni Ejei said on state television. It was not immediately clear whether Mohseni Ejei was referring to Nizar Zakka, a Lebanese citizen with permanent U.S. residency, who has been sentenced to 10 years in prison and a \$4.2 million fine after he was found guilty of collaborating against the state.

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ELLIS HENICAN, OPINION COLUMNIST

It was a perfectly nice idea when Marie Wilson, Daren Ball and Gloria Steinem, at the Ms. Foundation for Women, dreamed it up in 1992. Take Our Daughters to Work Day, the concept was called. Sons were added in 2003. But inside Trump's White House, every day is Take Your Kids to Work Day. metro.us

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Televisiting maintains family connections during incarceration

"It kept me and my daughter's bond — and it kept her looking forward to her dad returning," one formerly incarcerated father said.



NIKKI M. MASCALI
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The sounds of a pizza party, complete with cheerful children and laughter, spilled out into the hallway. The revelry was akin to an everyday family gathering — except some guests were attending remotely from a local prison.

The gathering was part of the New York Society for Ethical Culture's Supportive Televisiting Service,

a program that keeps children and their incarcerated parents connected. Studies have shown that such visits can reduce behavioral, emotional or other issues a child may have while separated from their parents.

"A big part of this program is to encourage the participation of the incarcerated person in their family and to give them the confidence they're part of the family, they're welcome in the family and ease the transition back into the community," said Richard Koral, leader of Ethical NYC.

And there is a reason it's called "visiting" and not "visitation."

"Visitation" has a legalese to it. Visiting is like something you do with your grandmother," explained Dr. Frank J. Corigliano, the psychologist

who runs the program.

The 45-minute visits, which take place at Ethical NYC on the Upper West Side, are "critical to maintaining family connections and giving parents and children the best possible chances of creating and maintaining strong family bonds," he added.

That is exactly what happened with Darrell, a father who took part in the program with his then-8-year-old daughter for the four months he was incarcerated.

"It was extremely helpful and very important for both of us to be able to see each other more conveniently," he said. "It helped us keep hope and kept me in a positive frame of mind."

Additionally, the visits "kept her looking forward to her dad returning," Darrell said.



Richard Koral, left, and Dr. Frank Corigliano, who runs Ethical NYC's Supportive Televisiting Services. NIKKI M. MASCALI

Ethical NYC's supportive televisiting service began in 2011 with Albion Correctional Facility for women and soon expanded throughout New York City's Department of Corrections system. Corigliano also launched library-based televisits and offers training for other organizations that want to develop programs as well.

He also works closely with the DOC to identify and have prep sessions with participating par-

ents, and either he or a social work intern are in the televisiting room at all times, "so it's always supported," Corigliano added.

The kid-friendly room, which was redesigned with help from Darrell's daughter, features a high-definition TV, a comfy sofa, books, artwork and lots of stuffed animals.

During visits, Corigliano uses "family language," like the aforementioned "visiting" over "visitation," "supportive

over "supervised" and "parent" instead of "in-mate."

"Suddenly you have someone who is an inmate and a number who is defined by what their charge was to a mom or dad who gets to show up for their kid," he said.

Since inception, the program has kept more than 100 kids connected to their parents with visits ranging from birthday parties to homework sessions.

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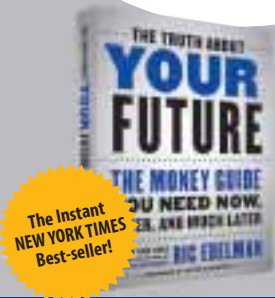
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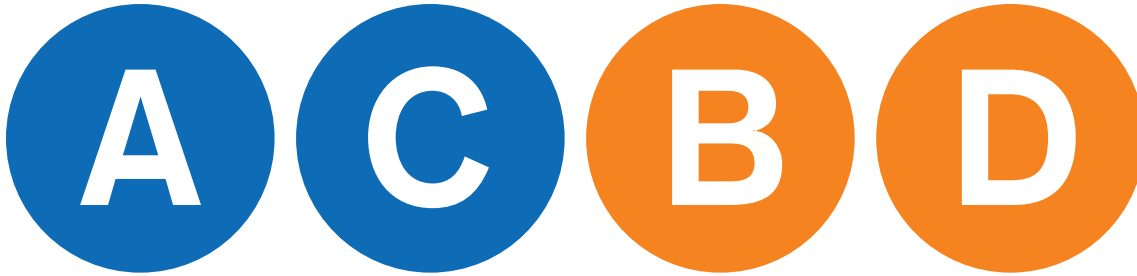


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###FASTTRACK



From right, Donald Trump's wife Melania Trump, daughter Ivanka Trump, and sons Eric Trump and Donald Trump Jr. look on during a Republican presidential debate. GETTY IMAGES

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TRUMP'S AMERICA

TRUMP'S AMERICA: TIME TO FIRE THE KIDS

OPINION



ELLIS HENICAN
@henican

It was a perfectly nice idea when Marie Wilson, Daren Ball and Gloria Steinem, at the Ms. Foundation for Women, dreamed it up in 1992.

Take Our Daughters to Work Day, the concept was called. Sons were added in 2003. And every year, on the fourth Thursday in April, a few million moms and dads took their daughters and sons to the office, the store, the factory, the bowling alley or the construction site. The kids got an up-close glimpse of how their parents made a living. The co-workers got to "ooh" and "aah" over the cuteness of each other's offspring. And on Friday, all the little kiddies went back to school.

Donald Trump got all of it except the back-to-school part. Inside Trump's White House, every day is Take Your Kids to Work Day.

Daughter Ivanka and son-in-law Jared Kushner have official positions. Jared runs about half the government. Some people call him the real Secretary of State. The president's two oldest sons, Donald Jr. and Eric, theoretically tend to the family real estate business in New York. But given their father's famous disdain for line draw-

ing, ethical and otherwise, both young men are constantly dipping in and out of 1600 Pennsylvania Ave.

The truth is, such arrangements are always problematic, whether the family runs a dry cleaner, a Chinese restaurant or the government of the United States. You're too easy — or too hard — on the blood-and-marriage employees. The other employees naturally resent them. And firing a son or a daughter makes next Thanksgiving dinner so uncomfortable.

So now look. Donald Jr. is at the center of the Russian-hacking probe. He's dragged his brother-in-law in. Neither one has the background or experience to run a local Motor Vehicles substation. But how can they and the others be bum-rushed from the West Wing?

Democrats aren't the only ones demanding Trump fire the children.

"I'm going out on a limb here," said Bill Flores, a Republican congressman from Texas, "but it would be in the president's best interest if he removed all of his children from the White House. Not only Donald Trump [Jr.], but Ivanka and Jared Kushner."

Get back to class, all of you!

Metro columnist Ellis Henican is a veteran journalist, best-selling author and frequent commentator on CNN and other TV networks. Follow him on Twitter @henican.

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POLITICS

**Collins: Eight to 10
Republicans have
concerns on healthcare bill**

Eight to 10 Republican senators have serious concerns about Republican healthcare legislation to roll back Obamacare, moderate Republican Sen. Susan Collins, who opposes the bill, said.

The Senate, which is delaying its consideration of the bill while Arizona Republican Sen. John McCain recuperates from surgery to remove a blood clot, will take it up as soon as all senators are

available, Sen. John Cornyn, the second-ranking Republican senator, said.

McCain's absence casts doubt on whether the Senate would be able to pass legislation to repeal parts of the Affordable Care Act, Democratic former President Barack Obama's signature legislative achievement, commonly known as Obamacare.

Collins is one of two Republican senators who have already said that they would not even vote to open debate on the

latest version of the bill released on Thursday, meaning one more defection from the Republican ranks could kill it.

Republicans control the Senate by a 52-48 margin. With the Democrats solidly opposed to the legislation, the Republicans can only pass the bill if all their other members back it and if Republican Vice President Mike Pence casts his tie-breaking vote in favor.

A Washington Post-ABC News poll published on Sunday showed Americans preferred Obamacare

by a 2-1 margin. Approaching six months in office, Trump's overall approval rating has dropped to 36 percent from 42 percent in April.

While Collins said that she did not know if the legislation would ultimately pass, she said as many as 10 Republicans have doubts about it.

Republican Sen. Rand Paul also reiterated his opposition to the bill, which he described as "terrible" because it retained many of the Obamacare taxes and subsidies. **REUTERS**

RUSSIA FEVER!

TOM FOREMAN

Opinion

CNN's Tom Foreman is the author of the book "My Year of Running Dangerously."



While defending what many skeptics consider his indefensible decision to meet with a Russian lawyer a bit more than a year ago, Donald Trump Jr. offered this interesting thought — it was a different time. "There was no Russia fever back then. That was at the beginning of the campaign, more or less. There was no Russia fever," he told Fox this week.

For months now, I have marveled at the enduring oddness of the Russian kerfuffle. I've scratched my head over candidate-then-President Trump's unconventional cordiality toward the Kremlin, the weird alleged ties between the Moscow crowd and so many members of Team Trump, and the administration's insistence that any story about any of this is inherently "fake news."

So you can imagine how relieved I am to consider the possibility that none of it is real, but rather a vast, illness-induced hallucination spurred by a raging outbreak of Russia Fever. Now, I will grant that I have never before heard of this particular malady, but what do I know? Not too many decades ago, I had not heard of West Nile Virus, Zika or Lana Del Rey.

Of course, it must be quite the epidemic to have swept D.C. this way. Frankly, I can't think of anyone who has not been affected. I need only raise my blinds to see Democrats raging in the streets, Republicans scrambling down alleys,

and White House staffers ... well, come to think of it, I don't get to see them much at all since they rarely do briefings on-camera any more. I guess the outbreak must be particularly bad over there.

But alas, even as I consider the relative comfort of this whole notion, I fear I must set it aside. Because I know the truth. While nothing illegal has been proven against the president's team, enough legitimate questions have been raised to warrant a vigorous investigation. There is nothing fake about the need for that. Our intelligence services are convinced the Russians tried to meddle in the last election, and it is only right that voters know if anyone here was helping them.

And that's not the fever talking.



Cathedral of Saint Basil on Red Square on May 18, 2008, in Moscow, Russia. **GETTY IMAGES**

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Police: Bronx baby's death likely due to sleeping relative

A Bronx baby was killed Saturday by what police suspect may have been a sleeping relative, the New York Daily News reported.

It appeared that 6-month-old Zalaiah Lewis was rolled onto by a family member in her sleep, likely causing her to suffocate. She was rushed to Bronx-Lebanon Hospital Center around 7 a.m. Saturday when police were called to her family's Morris Heights home at 20 Richman Plaza, the Daily News added. Despite efforts to save Lewis after she had fallen unconscious, she was later pronounced dead.

An autopsy has been arranged to officially determine the cause of death as the investigation continues.

Lewis' story is not only tragic, but all too familiar. Just weeks ago, a 1-month-old in Queens died after her mother rolled on top of her while sleeping, authorities suspected.

The NYC Department of Health reports that around 80 percent of the city's infant deaths by injury are sleep-related. It is recommended that parents do not share beds with small children and instead place children in a crib beside their bed if they wish to share a room. The de Blasio administration has tried to stem infant deaths such as these by actively promoting education on safer sleeping among parents and their newborns.

AMY RUSSO

QUEENS

Grand Central pileup leaves one dead, eight injured

A vehicle pileup on Grand Central Parkway killed one and injured eight early Sunday morning near 188th Street.

At 6:30 a.m., the multicar crash threw a man, in his 20s, from his car. He was subsequently pronounced dead at the scene, the New York Post reported. Others involved in the accident were rushed to North Shore Medical Center

and Jamaica Hospital, with two suffering from critical injuries and the others sustaining minor injuries, but all are in stable condition, said WABC.

The crash completely crushed the front half of one car and overturned another, leaving a grisly scene of broken glass and debris.

During the NYPD's investigation of the accident, eastbound lanes were shut down.

AMY RUSSO

MANHATTAN

Times Square brawl leads to face-slashing attack

A man required about 50 stitches Sunday morning after being slashed in the face in Times Square.

A The NYPD said the 25-year-old was attacked around 1:20 a.m. when two groups began fighting. The brawl began by Seventh Avenue and 43rd Street when the slasher confronted the victim, asking whether he had a problem with one of his friends, at which time the attacker allegedly grabbed the man's head

and cut his face, police reported to the New York Post.

The victim was treated at Bellevue Hospital, and no arrests have been made. Authorities stated that the motivation for the incident was a dispute over stares, and that it was not a random attack.

Last month, a woman was slashed in a Bronx subway car during a fight over a seat, and another woman sustained a severe facial injury with nerve damage in May after being sliced on a train in Grand Central



NYPD cruisers in Times Square. GETTY IMAGES

Station.

A series of face-slashing crimes in 2016 prompted the announcement of Mayor de

Blasio's Operation Cutting Edge to address the rise of knife- and razor-related attacks throughout the city. AMY RUSSO

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SECOND AVENUE SUBWAY STILL SHORT MORE THAN \$4 BILLION

LARRY PENNER

Analysis

Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation Federal Transit Administration Region 2 NY Office.

There were many details in the recent MTA Capital Program Review Board approval of a \$3 billion 2015-2019 MTA Five-Year Capital Plan Amendment that increased the total dollars from \$29 billion to \$32 billion. It included \$700 million more for Phase 2 of the Second Avenue subway, but there is

still the need of \$4.265 billion in total funding for actual construction of Phase 2. The MTA will have to find a minimum of \$2.265 billion in local dollars in the next MTA Five-Year 2020-2024 Capital Program. This would bring the total local funding commitment up to \$4 billion.

Based on past history, the next MTA Five-Year Capital Plan may not be approved until 2021, but the MTA would not risk advertising multibillion construction project bids without secure funding being in place. Any procurement process could take six months to a year. Actual contracts for full construction could end up being awarded in 2022. If Phase 1 took 10 years to complete from the original 2007 contract award to January

2017, Phase 2 might not be completed until 2030 or later.

The MTA hopes to begin construction of the Second Avenue subway Phase 2 in 2019. Don't count on it. Which neighborhood will want to host any entrance for both a platform to support a tunnel boring machine and removal of construction debris? Also, the Second Avenue subway's Phase 2 will end up competing against many other worthy projects in the next MTA Five-Year 2020-2024 Capital Plan.

Going back decades, the city, state and MTA have consistently kicked the can down the road every five years. As a result, coming to a consensus on what to fund in the next Five-Year Capital Program Plan will be even more difficult.

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Secret Service rejects suggestion it vetted Trump son's meeting

Donald Trump Jr. has acknowledged that he met in New York with Russian lawyer Natalia Veselnitskaya after he was told she might have damaging information about his father's rival, Democrat Hillary Clinton.

The U.S. Secret Service on Sunday denied a suggestion from President Donald Trump's personal lawyer that it had vetted a meeting between the president's son and Russian nationals during the 2016 campaign.

"Well, I wonder why the Secret Service, if this was nefarious, why the

Secret Service allowed these people in. The president had Secret Service protection at that point, and that raised a question with me," Jay Sekulow, a member of the president's legal team, said on Sunday on the ABC news program "This Week."

In an emailed response to questions about Sekulow's comments, Secret Service spokesman Mason Brayman said the younger Trump was not under Secret Service protection at the time of the meeting, which included Trump's son and two senior campaign officials.

"Donald Trump, Jr. was not a protectee of the USSS in June, 2016. Thus we would not have screened anyone he was



Donald Trump Jr. places a hand on the shoulder of his father, President Donald Trump. GETTY IMAGES

meeting with at that time," the statement said.

According to emails released by Trump Jr. last week, he eagerly agreed to meet Veselnitskaya, who he was told was a Russian government lawyer. Veselnitskaya has said she is a private lawyer and denies having Kremlin ties.

REUTERS



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Oscar-winning actor Martin Landau dead at 89

Martin Landau, a star of the 1960s television series "Mission: Impossible" who made a late-career comeback with an Academy Award-winning performance in the 1994 film "Ed Wood," died on Saturday at age 89, his publicist said on Sunday.

Landau died at UCLA Medical Center in Los Angeles from unexpected complications during a short hospitalization for an undisclosed illness, publicist Dick Guttman said in a statement.

Landau won the Best Supporting Actor Oscar for his portrayal of horror movie star Bela Lugosi in the Tim Burton film "Ed Wood."



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He had been nominated for an Academy Award twice before, first for his performance in Francis

Coppola's "Tucker" and again for Woody Allen's "Crimes and Misdemeanors." REUTERS

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Why Knee Arthritis Sufferers Of Almost All Ages Are Opting For Newest Medical Procedures Before Surgery . . .

Fraction of the cost, minimal risk and little to no downtime amongst top reasons

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

*"We all know that countless lives are being saved every year because of early detection and better treatment" noted the clinic director at the **NY Pain MD** in New York City. "The same holds true for treating arthritis pain. I believe we are having so much success at **NY Pain MD** because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to trying to avoid knee replacement surgery is doing the correct treatment as soon as possible"*

What is the "correct treatment?"

"That depends," said the director. "There is no one answer when it comes to medical conditions. Knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day," added the director.

For many knee arthritis pain sufferers the right treatment is Viscosupplementation whereby a preparation of Hyaluronic acid a gel-like FDA approved medicine is applied directly into the knee joint using *Precision Arthritis Targeting Technology*.

Hyaluronic acid is the natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space precisely. That's why the doctors at **NY Pain MD** use advanced imaging technology to apply *Precision Arthritis Targeting* during every treatment.

A device called the "C-Arm" allows the doctor to see into the joint and actually watch the medicine be applied exactly where it is supposed to. Research shows that performing procedures without Precision Arthritis Targeting (P.A.T.T.) can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without Precision Arthritis Targeting Technology and did not get good results - this may be why.



"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are not wait, get a good evaluation from an expert and make sure precision arthritis targeting is used to make sure you have the best chance for success."

Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.



Normal Pain-Free Knee Joint **Everyone Wants Proof:**

In the artist simulated drawings, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Knee With Painful Arthritis **Pain -**

Illustration shown is a knee joint with painful xosteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.



Research Shows Doctors Miss The Joint Space Up To 30% Of The Time Without Advanced Imaging **Failed Treatment -**

The injection (Lubrication medicine) misses the joint space. Research shows this occurs up to 30% of the time without the use of the digital imaging to guide the injection. This is why lubrication medicine may not have worked for you



Lubrication Medicine Injected Directly Into Knee Joint Like "Joint Oil" using Precision Targeting Technology **Successful Treatment -**

Successful Treatment - Lubrication Medicine (blue) being precisely injected directly into the knee joint using digital imaging. Advance imaging allows treatments to be as precise as possible. Lubrication medicine can lubricate the joint and decrease pain.

Modern Doctor's **FINALLY** Offering These Special Treatments Right Here In New York City

Hundreds of arthritis sufferers from tri state area calling weekly to find out if treatment is right for them. Often covered by insurance.

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to **NY Pain MD** New York City.

That's when their specially trained-doctors added cutting-edge arthritis treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like "joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated. They have also developed medical lubricants that are also natural but made a bit like yogurt and "cultured" into highly effective arthritis pain-fighting medical lubricants.

When introduced directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers even many who have already tried other treatments like Synvisc, Supartz, Orthovisc and even Hyalgan. This is because our treating doctors always use "Precision Arthritis Targeting Technology". This allows us to place the Viscosupplementation exactly where it needs to be. Studies show doctors doing joint injections without technology can miss the joint up to 30% of the time." noted the Director of Center

NY Pain MD is a state of the art medical facility offering nly the best technology.



Advanced Medical Technology Can Make All The Difference: This advanced Precision Arthritis Targeting Technology using fluoroscopic imaging allows doctors to see directly into the knee joint so treatments are precise and the FDA approved lubricating medicine actually goes EXACTLY where it is supposed to. Studies show that procedures done without this technology can miss the joint up to 30% of the time. This is one reason Viscosupplementation may not have worked for you in the past. **NY Pain MD** uses this P.A.T. Imaging Technology. with each and every treatment.

And that's not all :

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. After getting treatment and feeling better, many patients have decided to cancel their total knee replacement surgeries." added the director.

How To Find Out If It Can Help You?

If you have knee pain, the **NY Pain MD** doctors would like to invite you for a no-obligation screening to see if you are a candidate for their treatments using *Precision Arthritis Targeting Technology*.

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All you have to do is call 800-885-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The doctors at **NY Pain MD** can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments are covered by most insurance, union plans and even medicare. To schedule your no obligation screening or if you have any questions:

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- Do you have pain and osteoarthritis (arthritis) of the knee?
- Have you tried other treatments such as NSAIDs and other anti-inflammatory medications without success?
- Have you already tried viscosupplementation (Hyalgan, Supartz, Synvisc) without satisfactory results?

If you answered yes to any of these questions - give **NY Pain MD** a call and schedule your no obligation knee pain screening

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Aaron Carter was arrested, of course

Aaron Carter — a man in the midst of an infinite battle for relevancy — is in the news again for being a hot mess.

The former teenybopper and little brother of Nick Carter was arrested on DUI and marijuana charges on Saturday night. According to People, the 29-year-old was pulled over around 9 p.m. in Habersham County, Georgia, which



is a hop, a skip and 90 miles north from Atlanta.

Carter refused to undergo a breathalyzer and drug test, as you do, and was charged

with driving under the influence, possession of less than one ounce of marijuana and possession of drug-related objects. Because if you got the weed, you need something to smoke it out of, duh.

Because of said arrest, Carter was unable to make a performance in Kansas City, to the chagrin of what I assume was approximately 10 fans.



Prince Harry's BFF spills the beans

Another day, another tiny little morsel about the maybe future marriage of Prince Harry and Meghan Markle. And this time, it's personal.

Well, when I say personal, I just mean that someone close to Harry is dropping hints like they're hot.

The Daily Star reports that former U.S. marine Kirstie Ennis, who has been old friends with Harry for five years, confirmed she's expecting a royal wedding between Harry and Markle. Sure!

When asked if she expects Harry



to pop the question soon, Ennis nodded. She nodded! Stop the damn presses because a woman nodded her head.

Honestly, if these two

could just go ahead and actually get engaged, I would really appreciate it. Like, I know Prince Harry and Meghan Markle aren't thinking about me, exactly?

But I would super appreciate it.

Cameron Diaz & Drew Barrymore are besties

Drew Barrymore and Cameron Diaz, two rich ladies who act sometimes, are best friends. And they have been since "Charlie's Angels," a movie that came out in 2000 that I, as a youth, was obsessed with.

Barrymore and Diaz spent some cute quality time together over the weekend, and 42-year-old Barrymore was touched in her heart parts so much so, that she dedicated an

entire Instagram post to her. Aw!

"Remember to spend a moment with the ones you love in your busy life. She has made me feel beyond beautiful. Always has. Always will."

That's a really cute tribute and all, but also? I don't mean to be rude, but I saw "Charlie's Angels." And I, for one, think that it's rude that Lucy Liu wasn't invited to this best friendship.



Won't someone think of Lucy?

Ariel Winter slams body shamers, again

Ariel Winter is clapping back at some body shamers via Twitter, and I can't even believe this is a thing. Why random people think they have the right to police other random people's bodies, I shall never understand.

After getting some flak from commenters, Winter took to Twitter to remind everyone to mind their dang business with tasty little rant. "Pretty annoyed about the focus on the fact that I wear shorts, and the commentary that I'm 'squeezing' into them or the idea that it's not OK for me to wear shorts," she wrote. "Please leave young women alone," she continued.

"We're just living our lives." For real, for real though. Can we just let the young ones live? There's plenty more to focus our efforts on like, I don't know, climate change and Trump's rampant sexism. Priorities, man.





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Cobie Smulders like playing a bad xennial

The "How I Met Your Mother" actress stars in 'Friends from College.'



KATE MOONEY
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Cobie Smulders is back on a TV comedy, this time, playing a xennial whose life is about to blow up.

On Netflix's new eight-part series "Friends from College," the 35-year-old plays Lisa, the most sympathetic in a group of immature old college friends who never really got over their glory days at Harvard (cue eye-roll), although they're now approaching 40.

When Lisa and her husband, Ethan (Keegan-Michael Key), join the gang in New York City, the former ACLU lawyer has landed a higher-paying gig at a misogynistic hedge fund to support Ethan,



Cobie Smulders in
"Friends from College"
NETFLIX

who's "working on a new novel" but really spends his time having an affair with their mutual friend Sam (Annie Parisse). Lisa, meanwhile suffers through the emotional and physical pains of her first IVF cycle.

But Lisa isn't blameless for long, Smulders teases. At first, "it's very, 'Oh, poor, Lisa,'" says the "How I Met Your Mother" actress. But "once she

realizes her relationship is not what it was, her whole world sort of crumbles." That's when the role gets fun for Smulders. "It's one of the reasons I was excited to take on this job, because this woman who is seemingly very together and educated and on this great trajectory, she just goes through the wringer and loses her mind and makes some

poor choices," she explains.

The Vancouver native calls in from her home in Manhattan, which she's leaving soon to move back to LA with her hus-

band, actor Taran Killam ("Drunk History," "SNL"), and their two kids.

"Friends from College" is all about college nostalgia. We read that you never attended undergrad. Was it hard to channel that sentimentality?

I have a kinship with my high school friends [who are] still some of my best friends, so

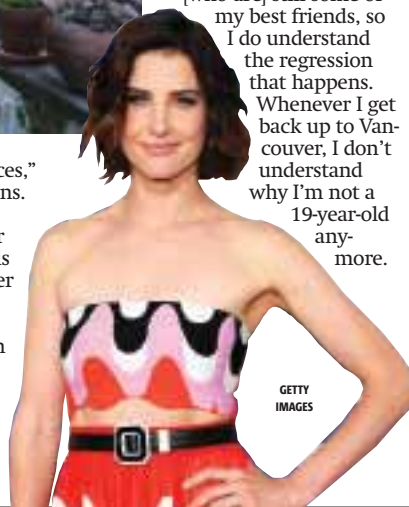
I do understand the regression that happens.

Whenever I get back up to Vancouver, I don't understand why I'm not a 19-year-old anymore.

All of a sudden, there's this weird time warp that happens. My current life, where I'm a 35-year-old woman with two children, doesn't make a lot of sense to me a lot of the time. [Laughs]

You've spoken about how, as a cancer survivor, you were initially told by doctors that you wouldn't be able to have kids. Were you able to tap into that struggle for this role?

Absolutely. Although I didn't have kids [via IVF], I did so much research [into it] when I was told I wouldn't be able to have kids. I have so much sympathy for women who have to go through it, multiple times, it seems. Also, the feeling as a woman, going, "This is something I've always wanted. [Having kids] is literally the one thing my body is capable of doing, over a man" — when that is taken away from you, it really changes your perspective.



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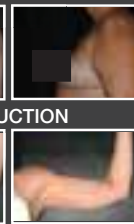
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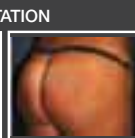
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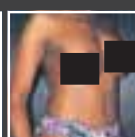
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Steve Zahn goes ape

Turns out having to play a chimp in "War for the Planet of the Apes" is a little difficult.



MATT PRIGGE
@mattprigge
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Roddy McDowall had it easy. In the old "Planet of the Apes" movies, the actor — along with the likes of Kim Hunter, Sal Mineo and John Huston — got to wear beautiful, elaborate ape masks. Not Steve Zahn. To play a chimp in "War for the Planet of the Apes," the actor merely strapped on a suit and popped an army of sensor-dots onto his face. Only later, with the magic of technology, would he actually look simian.

"If you go to a Halloween party as Zorro, you feel like Zorro, right? Because you've got the Zorro outfit on," he says. "If you went to the party as Zorro but without the Zorro outfit and people went, 'You

don't look like Zorro, but for some reason you seem like Zorro' — that's kind of what it's like playing without costumes."

The third in the rebooted series is more intense and gritty than any movie in multiplexes right now. It finds that human-ape relations have become even more frayed than they were before. Zahn plays "Bad Ape," a traumatized former zoo animal who joins up with chimpanzee rebel leader Caesar (Andy Serkis) as he battles a psycho Colonel (Woody Harrelson) who wants all apes dead.

Zahn is primarily known for his comic-relief characters; our favorite is bumbling criminal Glenn Michaels in "Out of Sight." Bad Ape is sort of the comic relief, but he's no figure of fun. For one thing, he's called Bad Ape because that's the phrase he heard the most when he was a prisoner at the zoo.

"I found him really tragic, really vulnerable and accessible," Zahn ex-

plains. "You have these heavy, brooding, slow-moving apes, and then you have this little guy who's just really excited to be around people again. His friends are dead, his family's dead, he's become a hoarder just to fill the void of not having anyone around. I'm just moved by him. And I trusted that the humorous moments would just kind of happen."

The original "Planet of the Apes" movies, which started in 1968, were generally aimed at kids. (Though they were secretly very dark and political.) Like its two predecessors, "War for the Planet of the Apes" isn't necessarily for kids. It's nothing but serious, and it takes the time to flesh out its grim and unpleasant world.

"Usually movies of this size don't have patience. They don't have the



Up top, Steve Zahn plays the chimp "Bad Ape" with motion-capture sensor-dots on his face. On the bottom, the end result. TWENTIETH CENTURY FOX



guts to sit back and settle, to let you get invested in

character," Zahn says. "Then you watch a movie like this, and Woody and Andy have a scene that's seven minutes long, between these two adversaries. All of a sudden it's like you're watching a production of 'King Lear.'"

It also reflects our own uncertain and combative time.

"It really is about what fear does," Zahn

explains. "It talks a lot about empathy. It's about being able to empathize with beings that are different from you. When you don't have that empathy, you can do really horrible things to others. We can try to destroy each other because we've made others into something they're not. We have to share this place together. I mean, that's today, right?"



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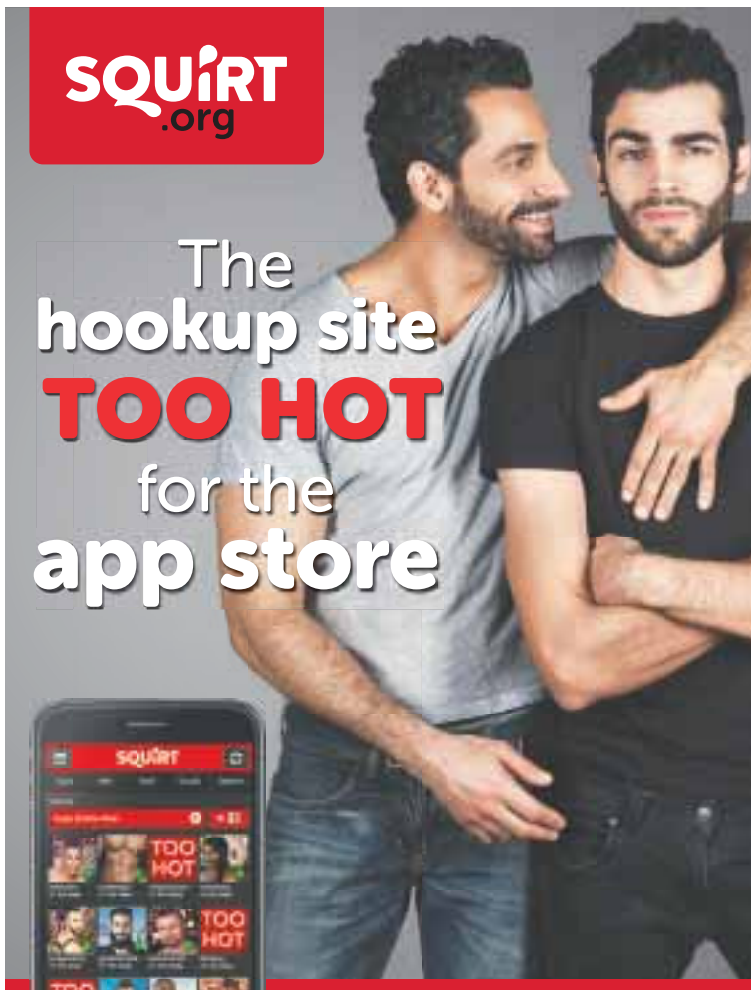
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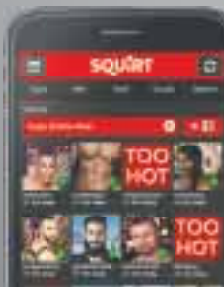
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How to catch a Nazi

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eva.kis@metro.us

One of the 20th century's greatest spy stories has just been declassified, and the entire saga from capture to trial is now on display at the Museum of Jewish Heritage in Lower Manhattan.

Few Nazi soldiers are as notorious as Adolf Eichmann, who oversaw the mass incarceration of Jews into ghettos and their eventual deportation to concentration camps. Through 130 artifacts from the archives of Israeli intelligence agency Mossad, "Operation Finale" reveals how he was captured after fleeing to South America, smuggled out and convicted in the

first mass-televised trial.

"The exhibit is not about Eichmann," says Yitzhak Mais, a consulting curator on "Operation Finale." He describes the SS lieutenant colonel as a technician of the highest order, who tried to win sympathy at trial by claiming that he didn't directly kill any Jews. "It's more the cloak-and-dagger story of how he was caught by Mossad, and the trial that followed."

And what an operation it was. After the end of World War II in 1945, Eichmann fled to Argentina, where the Vatican and the Red Cross helped (whether intentionally or not) many Nazi officers resettle with new identities.

"Operation Finale" picks up when the daughter of a Holocaust survivor, who was admitted to the country as a refugee, begins dating the son of Eichmann, who went by the name Ricardo Klement. Once the family became suspicious of Eichmann's true identity,

If you go

Operation Finale
Through Dec. 22
Museum of Jewish
Heritage, 36 Battery Place
\$12, mjhnyc.org

Mossad began planning how to capture him.

"Mission Impossible," this was not. The extensive pre-digital era espionage tools on display include such cutting-edge techniques as the dip pens used to forge the documents that allowed Eichmann to be taken out of the country as a crew-member of the Israeli airline El Al, plus fake license plates (with a printing kit in a suitcase!) and even the South American travel guide the Mossad agents carried for their cover as tourists.

Eichmann was captured in May 1960, almost 15 years after the end of the war. By then, memories of the Holocaust had begun to fade, but his



"Operation Finale" delves into the tools and methods of spycraft in the 1950s. EVA KIS

trial the following year would prove to change the course of history. "The intensity of these survivor testimonies helped shine a light on these atrocities for a public that at the time truly didn't know about what had happened during the Holocaust," explains Michael Glickman, the new president of the museum.

Millions around the world watched the trial on television every week,

and the museum puts visitors right inside the courtroom. The exhibit ends with a small theater that has the original glass booth where Eichmann sat in the courtroom at its center; footage from the trial is projected on the walls surrounding it.

The chilling figure of Eichmann is projected inside the booth, impassive as the 210 witnesses — 90 percent of them survivors, says Glickman — recount-

ed atrocities like having children torn from their arms and being forced to choose between saving their wife or mother. Loyalty to his party, Eichmann said, was more important than their deaths.

"As we move to a time when there are fewer and fewer survivors," says Glickman, "to be able to put visitors into that courtroom and hear their words first-hand — it gets me every time."

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College-admissions officers are stalking your social-media accounts

Strategic posts can help you stand out from the crowd.



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If you thought your transcript and college essay were all admissions officers were looking at — think again.

According to a survey by Kaplan Test Prep, universities are checking up on what students post on Twitter, Facebook and even Instagram.

But that doesn't mean they're simply scrolling through and weeding out applicants boozing it up with red Solo cups. In many cases, they're actually looking to discover more about students' passions and out-of-school hobbies.

So how can you make sure you're posting things that will boost your chances of acceptance? We spoke with admissions counselor, Danny Ruderman to find out:

Post pictures

An admissions essay can illustrate only so much. Sometimes the best way to demonstrate character is through a quick snapshot. But that

doesn't mean you should just post pictures of your cute dog. "Students should be trying to justify and expand on what they discussed in their application," says Ruderman. If you spent paragraphs detailing your love for sports, upload some pictures from the field. "Maybe your team just won a game, and the photographer for the yearbook took a picture of your crew celebrating, post it with a caption like, 'Shout out to my boys who just won league championships,'" says Ruderman. At the end of the day, you want your social-media accounts to reiterate and bring to life what you're trying to get across on paper.

Don't show partial love

"Colleges want to know that you want them," says Ruderman, but giving too much attention to one school might actually harm you in the long run. Even if you're completely adamant about attending Harvard, that doesn't mean you should be filling your time line with endless pictures of you decked out in head to toe Harvard attire. "All of the other colleges that

check your page will go, 'Oh this kid doesn't want to go here, he clearly has his eyes set on Harvard, why should we even take him?' "His advice: Don't post anything that gets too specific. You'll be much better off if you focus on highlighting who you are as a person rather than identifying with any given school.

Be authentic

Admissions officers know that applicants have spent weeks, sometimes even months, trying to craft a certain image. The last things they want to see on your social-media account are robotic posts and triple-checked diary entries. "You also don't want to be like, #I'llbegreatatYale." It doesn't tell them anything about you. The best thing students can do is post about what goes on during their day-to-day lives, says the expert. If you're really into theater and just spent the evening performing a play with friends, upload "admissions officers are trying to put a face to a name," says Ruderman. "They really just want to see the authentic person on the other side of the screen."



You should think of your LinkedIn summary as your digital first impression. iStock

Write a LinkedIn profile summary that will get you hired

It's all about selling yourself — strategically.



SARA FEINSTEIN
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In today's digital age, creating a strong LinkedIn profile is crucial. And while that certainly involves uploading a stunning professional headshot and writing up a captivating headline, the truth is, without a strong career summary, the chances of a hiring manager reading any further are slim to none.

So how do you write a summary that will entice job recruiters to pick up the phone to call you in for an interview? We spoke with branding expert and founder of LinkedIn-Makeover.com Donna Serdula to find out:

Don't be boring

Rather than spitting out resume jargon like "results-driven, goal oriented professional commanding over 15 years of progressive leadership success," which is incredibly boring, Serdula suggests thinking of your summary as a chance to tell your professional story. "An easy way to get started is to imagine you are explaining what you do for a living to a small child," says the LinkedIn professional.

That means shortening your role down to a few core concepts, eliminating words like "contextualize," and "paradigm" and instead focusing on who you are.

Ask yourself: What drew me to this industry? What am I most passionate about accomplishing? and What quotes or concepts guide me through my career? Then incorporate those answers into an authentic first-person narrative, she says. "Hiring managers are going through profile after boring profile — if you put a little bit of effort into this, and let the summary act as the human voice of your story, you'll be surprised that the phone will start to ring."

Use strong keywords

Job recruiters view LinkedIn as a database of potential candidates, says Serdula. In other words, they're constantly typing in keywords with the hopes of finding a candidate who is "the perfect match." To make sure that your profile pops up on their screen use strong keywords in your summary.

And that doesn't mean simply plugging in terms like "motivated," "professional" and "problem-solver." Use targeted descriptions that align closely with the job you're looking for. If you're hoping to find a

position as an IT specialist, incorporate terms like "database administration," and "content development" — essentially, words that clearly outline your skills in the field.

Her advice for coming up with these targeted keywords: Look up a job description for a position you want, and include some of the phrases listed under "requirements" in your summary. Just make sure you don't overdo it. "Five to 10 words is ideal," says Serdula. "You want to weave them organically into your narrative. By simply listing them ad nauseam, you're just going to turn people off."

Break it up

Hiring managers are going through hundreds of profiles each day — the last thing they want to do is have to read through your long-winded dissertation. To make their jobs easier, break up your summary into digestible chunks. "After every second or third sentence, hit enter so you have some blank space. It'll make it easier to read and far less intimidating."

You can even copy and paste a few symbols to spotlight specific career accomplishments. At the end of the day, you want whomever is viewing your profile to read your summary from start to finish.



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Bird sweeps NYC ePrix weekend

The DS Virgin driver put on a dominating performance from Formula E's brand-new circuit in Red Hook.



JOE PANTORNO
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Soaked in champagne, a beaming Sam Bird revealed that he had no qualms about Formula E's brand-new New York City ePrix, which made its debut in the racing series this weekend in Red Hook.

It would have been puzzling had he said any different after the weekend he just had.

The DS Virgin racer cruised to victory on Sunday afternoon, his second win in as many days as he swept Rounds 9 and 10 of the 2017 Formula E Championship Series.

"What a car I was giv-

en this weekend. So hats off to DS Virgin Racing for giving me the best car I've ever been in," Bird said.

It was almost a wire-to-wire win for the Englishman, who started from the top spot after winning the Super Pole earlier in the day. However, he lost his spot right at the start of the race to Mahindra's Felix Rosenqvist, who started on the more advantageous part of the track despite finishing second in qualifying.

"At the start of the line, [Rosenqvist] got off the line and beat me to the first corner," Bird explained. "In our opinion, pole position is on the wrong side. If we come here again, which I sincerely hope we do, the pole position has to be taken to the other side."

Rosenqvist held the lead for 10 full laps but was overtaken by Bird on the 11th after faking him out of position on a



DS Virgin Racing's Sam Bird won both New York City ePrixs this weekend, his first two wins of the season. GETTY IMAGES

hairpin turn and taking the inside track for the lead.

He did not relinquish the top spot from that moment on even after taking his pit stop shortly after Rosenqvist.

Bird managed to change electric cars quickly after his battery

dwindled dangerously low and got back on the track just in front of the Mahindra driver.

Rosenqvist had some company toward the top as teammate Nick Heidfeld joined him in contention for Sunday's title. The two were running second and third

until the engineers at Mahindra realized they miscalculated the amount of energy Rosenqvist had to use in order to finish the race.

So Heidfeld was allowed to pass his teammate, who conserved energy for the rest of the race while keeping his

perch in third.

The two—nor the rest of the field—posed no challenge to Bird, who held a multiple-second lead to the very end.

With Rosenqvist in third place in the driver's standings, Heidfeld let his teammate pass him on the final lap to ensure he got the most points possible.

"Nick was kind enough to let me pass for P2," Rosenqvist said. "It was quite unpredictable today."

But it was all about Bird, who was plenty aware of what his dominant weekend meant.

"I will be writing a letter to [Formula E CEO] Alejandro Agag asking if we can have the whole championship here next season," Bird said. "It was incredible. I know this was a historic weekend not only for Formula E, but for motorsport in general. It's been a long time coming for motorsport to get here."

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What the people of Formula E are saying about racing in Brooklyn



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Lucas di Grassi

"I'm very, very happy to be around New York and to be racing here. It's such an amazing place, amazing city to be racing in especially because it's the first one ever. It's good to be a part of history."

Felix Rosenqvist

"This is one of those cities that everyone goes to at one point in their life and it's crazy when you look at it. To actually race here, Formula E works very hard to be able to do it. I think it's always been very difficult because many people have tried to make a race here and finally they made it happen here in Brooklyn. It's really cool ... unreal."

Alejandro Agag (Formula E CEO)

"The first place I looked was Central Park. We realized that in order to make a race, we had to cut a minimum of 100 trees. So obviously, we didn't follow that idea. We looked at Prospect Park, but you couldn't see the [New York City] backdrop. The fact that we sold out means that the reception from the fans of New York, even if it is a new event, is great. We've been positively surprised because we didn't know how they'd take it."

Sam Bird

"To get this race in the first place was incredible for Formula E. We knew that this was a big one. This is the one that people were talking about this year. Last year, we had the introduction of Paris, which was huge. This year, we had the introduction of New York and that is enormous because it's never been done before. To be here ... as the victor of the first races does feel good. I've never visited New York, but I thoroughly enjoyed it and today has made it a lot better. ... It hasn't quite sunk it yet. It'll take a bit of time."



Mitch Evans

"The whole build-up was amazing and everyone realizes how special this event has been. As a whole, it's been a great event. I think Formula E and New York should be happy with what they've put on today and hopefully the city gets behind them more for the years to come. I can't wait to come back."



J.E. Vergne

"I don't know what's wrong with the start here, but they decided to put pole position on the off line of the track ... everyone who started on the left-hand side lost their position ... it's really weird."

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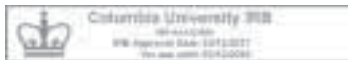
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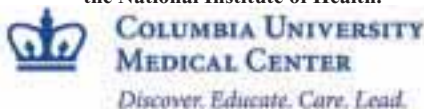
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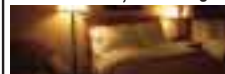


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LEGAL NOTICES

NOTICE OF FORMATION
of Underserve Trucking LLC.
Articles of Org. filed with
the Secy. of State of New
York (SSNY) on 05/04/2017.
Office location: New York
County. SSNY is designated
as agent of LLC upon whom
process against it may be
served. SSNY shall mail
process to the LLC c/o
1010 Sherman Ave., Apt 1L,
Bronx, NY 10456. Purpose:
Any lawful act or activity.

LEGAL NOTICES**SUPREME COURT COUNTY
OF QUEENS**

CHRISTIANA TRUST,
A DIVISION OF WILMINGTON
SAVINGS FUND SOCIETY,
FSB, NOT IN ITS INDIVIDUAL
CAPACITY BUT AS TRUSTEE
OF ARLP TRUST 3,
Plaintiff, against
JOSE GERARDO RENGIFO
A/K/A JOSE G. RENGIFO, et al
Defendant(s).
Pursuant to a Judgment of
Foreclosure and Sale entered
on May 31, 2017, I, the
undersigned Referee will sell at
public auction at the Queens
County Supreme Courthouse,
88-11 Sutphin Boulevard, Court
Room # 25, Jamaica, N.Y. on
the 11th day of August, 2017 at
10:00 a.m. premises described
as follows: All that certain plot,
piece or parcel of land, with the
buildings and improvements
thereon erected, situate lying
and being in the Borough
and County of Queens, City
and State of New York. Said
premises known as 148-22
59th Avenue, Flushing, N.Y. 11355.
(Block: 6424, Lot: 50).
Approximate amount of lien
\$934,127.96 plus interest and
costs. Premises will be sold
subject to provisions of filed
judgment and terms of sale.
Index No. 709091-14.
Lawrence M. Litwack, Esq.,
Referee.
McCabe, Weisberg &
Conway, P.C.
Attorney(s) for Plaintiff
145 Huguenot Street, Suite 210
New Rochelle, New York 10801
(914) 636-8900

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 794
Washington Ave., Brooklyn, NY, for
on premises consumption. Dewill
Restaurant Management Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 1910
Coney Island Ave., 2nd Fl., Brooklyn,
NY for on premises consumption.
Laguna Azul 1910 Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 149-38
41st Ave., Flushing, NY, for
on premises consumption. SS
Noblesse House Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 38-01 Broadway,
Astoria, NY, for on premises
consumption. Las
Margaritas Sunset Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 1274 1st Ave.,
New York, NY, for on premises
consumption. 1ST Ave Gourmet
on 68 St Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 709-711 E. 187th St.,
Bronx, NY, for on premises
consumption. Majestic Restaurant Inc.

LEGAL NOTICES

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 330A
W. 58th St., New York, NY, for on
premises consumption. Minoru Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 330B
W. 58th St., New York, NY, for on
premises consumption. Minoru Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 4111-
4113 E. Tremont Ave., Bronx, NY,
for on premises consumption.
HAO Brothers Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 135-53
Northern Blvd., Flushing, NY, for
on premises consumption. Mingle
Restaurant Inc.

NOTICE IS HEREBY GIVEN
that a license, Number 1302776, for
Wine has been applied for by the
undersigned to sell Wine at retail
in a Restaurant under the Alcoholic
Beverage Control Law at 215 Beach
116th St., Far Rockaway, NY 11694,
for on premises consumption. 215
Sakura Inc.

NOTICE IS HEREBY GIVEN
that a license, Number TBA, for
Beer & Wine has been applied for
by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 265 East 10th
Street, New York, NY 10009,
for on premises consumption.
Small Plates, Inc.

NOTICE IS HEREBY GIVEN
that a license, number 1300551 has
been applied for by the undersigned
to sell Liquor, Wine & Beer at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 15 Union Square,
Retail Unit D a/k/a Retail Store #113,
New York, NY 10003 for on premises
consumption. DTJC Management New York Inc.
d/b/a Lotus Blue Dongtian Kitchen Bar.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 84-02 Broadway,
Elmhurst, NY, for on premises
consumption. Taiwanese Cuisine Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending,
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 20-02 Utopia Pkwy.,
Whitestone, NY, for on premises
consumption. Legend of Taste LLC.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 23-09 27th St.,
Astoria, NY, for on premises
consumption. Nistim Club Inc.

CAREER TRAINING

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer & Wine has been applied
for by the undersigned to sell Beer
& Wine at retail in a Restaurant
under the Alcoholic Beverage
Control Law at 29-06 23rd Ave.,
Astoria, NY, for on premises
consumption. San Aroy Inc.

NOTICE IS HEREBY GIVEN
that a license, Number Pending
for Beer, Wine & Liquor has been
applied for by the undersigned to
sell Beer, Wine & Liquor at retail in
a Restaurant under the Alcoholic
Beverage Control Law at 641 10th
Ave., South Store, New York, NY,
for on premises consumption.
Hell's Kitchen NYC Corp.

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22 Acidity
24 Large deer
26 Norwegian monarch
27 Surveyor's instrument
30 Hitches a ride
34 Big clumsy guy
35 Battery's "+" end
38 Eat soup impolitely
39 Colony member
40 Cranky person
42 Evergreen tree
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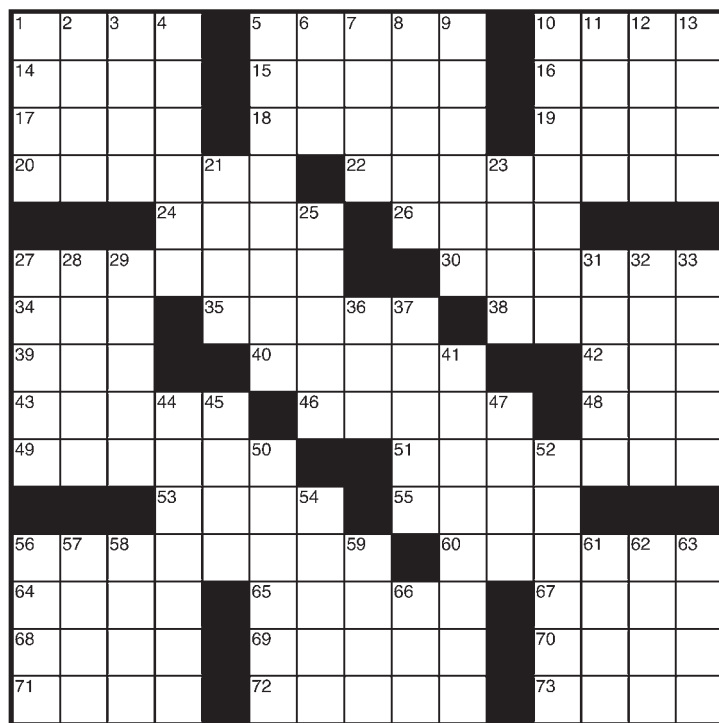
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Down

- 1 Tramp
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3 Type of exam
4 Keeper
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6 Witch's curse
7 Verse forms
8 Ice hut
9 Consequence
10 Profitable
11 Miff
12 Dangerous March date
13 Muddle

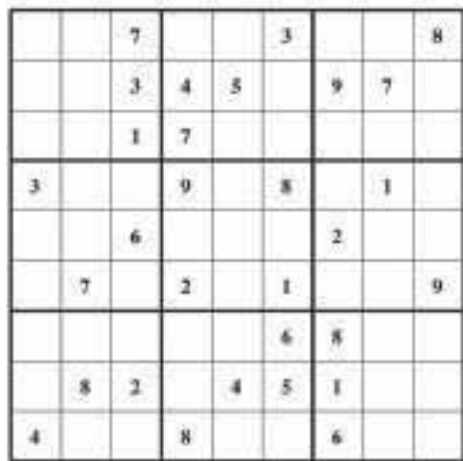
- 21 Lanchester of "Bride of Frankenstein"
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28 Cowboy's home
29 In the wake of
31 Civilian clothes
32 Musician -- Eno
33 Fresh growth
36 Laurel and Hardy
37 Rousseau opus
41 Most prudish
44 Harassed amiably
45 Countess's spouse
47 St. --'s fire
50 Dental equipment
52 Filled highway cracks
54 Muzzle
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59 Meditation guide
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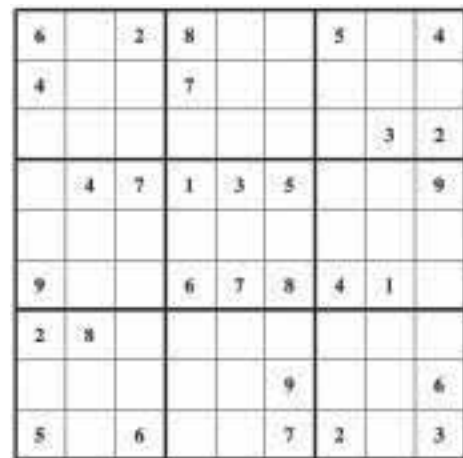


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easy



hard



metro.us/horoscopes



Aries Your emotions will be difficult to control. An argument will lead to regrets. Turn your attention to doing something constructive. Engage in activity with a friend.



Taurus Keep busy. Don't let anyone throw you off your schedule by using criticism. Keep a positive attitude and concentrate on what you are trying to accomplish.



Gemini Suggestions will be made if you socialize or share information with your peers. Take whatever you hear at face value, but be prepared to follow through on your own.



Cancer You'll be tempted to act out if you don't like what someone is doing. Don't criticize or judge others, or you will get the same in return.



Leo An unexpected change of plans will make you feel uneasy or uncertain. Ask direct questions to gain a better understanding of the situation and how to respond.



Virgo Engage in discussions that will help you master a technique that can help you get ahead. Don't let love interfere with your professional responsibilities.



Libra You may want to jump into something that someone else has labeled a good deal, but a reserved attitude will spare you from the stress that such risk-taking could cause.



Scorpio Learn as you go. Keep your thoughts to yourself and consider different ways to use your skills to help bring about a positive lifestyle change.



Sagittarius Change can be good, but don't let impulse take the reins. Do your homework and find out exactly what you need to know to be successful. Take control.



Capricorn Take some time to nurture important relationships or to make noteworthy changes to the way you live. Making home improvements will be rewarding.



Aquarius Miscommunication is apparent. Be careful how you express your thoughts. Focus on what you can do to improve your appearance or capabilities.



Pisces Lend a helping hand, but don't let anyone take advantage of you. Emotional manipulation will affect the way you feel about someone. **EUGENIA LAST**

Yesterday's answers

J	A	B	B	A	R	A	I	L	C	I	T	E
O	C	E	A	N	E	U	R	O	O	N	Y	X
G	L	E	N	N	C	L	A	W	M	E	L	T
S	U	N	D	E	R	E	D	L	I	M	P	E
A	R	E	S	S	I	N	A	T	R	A		
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S	E	N	D	S	R	T	A	S	L	U	E	D

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